Goal	Rationale	Obstacles	Plan of Action	What Will I need?	Checkpoints	Rewards
1. I will turn in at least 80% of my homework on time in all of my classes throughout the first quarter of tenth grade.	Last year, I only turned in about half of my homework assignments on time. The rest were either not turned in or were turned in late.	1. Football practice 2. TV 3. Video games 4. Not understanding 5. Too noisy at home 6. Forgot books	1. Use resource time 2. Finish at least one assignment before I watch TV 3. Only play video games on nights when I am home before 6 pm 4. Find a quiet place to study in. 5. Call friends, check Blackboard, look at notes, or go to school early if I am stuck 6. Use assignment notebook and check it before leaving school.	1. Assignment notebook 2. Weekly practice schedule so I can plan ahead 3. A designated hw spot 4. Class contact information: teacher emails, Blackboard information, classmate contact info.	1. Every weekend, I will mark my progress on my goals sheet. 2. At any point, I can check in with my teachers 3. Quarter grade.	1. New Nike shoes 2. $$$$ 3. Weekend Trip 4. Higher grades
2.						
3.						
4.						
5.						